

DELAWARE COUNTY BEHAVIORAL HEALTH

MENTAL HEALTH SERVICES
FAMILY & CHILDREN SERVICES
ADDICTION SERVICES



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DOUGLAS ELSTON, LCSW-R
DIRECTOR OF COMMUNITY SERVICES

Delaware County Mental Health Committee Meeting

- Regular Meeting Minutes
- Executive Session Minutes
- Draft Minutes
- Approved Minutes

May 20, 2024

PRESENT: Joe Cetta, Art Merrill, Betty Scott, Maya Boukai, Doug Elston, Sara Cirba and
Deb Mierop

EXCUSED: Wayne Marshfield

GUESTS: JoAnn Miller

The meeting was called to order at 12:34 p.m.. by Joe Cetta.

Minutes: The minutes from March 18th, 2024, were reviewed and approved upon

Motion from Art Merrill and seconded by Maya Boukai.

Motion carried by Joe Cetta and Betty Scott.

Census: Mental Health -- 572
Alcohol & Drug – 104
Supportive Housing – 37
AOT -- 2 (1 in transfer)

Vacancies: We currently have the following vacancies:

Senior Staff Worker

Staff Social Worker

Childrens Staff Social Worker – need to get permission to fill.

CASAC—The position is being changed back to full time CASAC, was previously Part Time Social Worker, Deb has requested the Committee permission to fill.

Motion from Betty Scott and seconded by Maya Boukai.

Motion carried by Joe Cetta and Art Merrill.

OLD BUSINESS

Building Accessibility:

Stanley Access Technologies sent an estimate, Pete Montgomery from the Maintenance Department received an estimate from another company. The maintenance department has started working on the electric. Joe will reach out to see where things are at.

Community Outreach:

For Mental Health Awareness the clinic had a Community Day on May 15th. It went well, 9-10 other community agencies attended, the clinic had 4 tables (Information, Narcan, Kids and Simulation Goggles) and two food trucks. Next year more advertising will need to be done.

Opioid Settlement Fund:

Received a few proposals to be discussed at next month's Opioid Settlement meeting. Haven't received many external proposals.

NEW BUSINESS

Training: \$48,000 remains in the Training Grant that must be used by the end of June 2024, the remaining balance will be sent back to the state. The following trainings are being requested to be paid for by funds in the Training Grant.

Collaborative and Proactive Solutions – 2 Day

Doug Elston, Sara Cirba, Jennifer Grigoli & Amy Melson - \$796.00 Live Virtual

Borderline, Narcissistic, Anti-Social & Histrionic Personality Disorder

Alyssa Bailey - \$295.00 virtual

Gaslighting - Help Clients Escape & Rebuild for a Narcissists Emotional Abuse

Alyssa Bailey - \$231.00 Digital Seminar

DBT

Kirsten Van Slyke - \$100.00 Digital Seminar

Somatic Psychotherapy – 2 Day

Kirsten VanSlyke - \$460.00 Digital Seminar

Harvard – Addictions Conference (Additional Costs)

Sara Cirba - \$500.00 Sara Cirba

4TH Annual MMCP (Ask a Medicaid Managed Care Plan) Billing Event

Sara Cirba - Mileage Reimbursement

Virginia Velardi - Mileage Reimbursement

Carolyn Whiteside - Mileage Reimbursement

Motion to allow the training by Art Merrill seconded by Betty Scott

Motion Carried by Joe Cetta and Maya Boukai

Adjournment/Next meeting:

Motion to adjourn the meeting by Art Merrill and seconded by Maya Boukai.

Motion carried by Betty Scott and Joe Cetta.

Meeting adjourned at 1:22 p.m. by Joe Cetta.

The next meeting is July 15th, 2024, at 12:30 p.m. at the Behavioral Health Facility.

Submitted by: JoAnn Miller