



## Delaware County Behavioral Health

243 Delaware Street, Walton, NY 13856

(P)607-832-5888 \* (F)607-832-6081



*Douglas Elston, LCSW-R  
Director of Community Services*

*Sara Cirba, MPA, LCSW  
Deputy Director of Community Services*

### Delaware County Mental Health Committee Meeting

- ☒ Regular Meeting Minutes
- ☐ Executive Session Minutes
- ☒ Draft Minutes
- ☐ Approved Minutes

May 19<sup>th</sup>, 2025

**PRESENT:** Joe Cetta, Betty Scott, Maya Boikai, Wayne Marshfield,  
Doug Elston and Sara Cirba

**EXCUSED:** Art Merrill

**GUESTS:** JoAnn Miller

The meeting was called to order at 12:37 p.m. by Joe Cetta.

**Minutes:** The minutes from March 17<sup>th</sup>, 2025 were reviewed and approved upon

**Motion** from Joe Cetta and seconded by Wayne Marshfield.

**Motion carried** by Maya Boikai & Betty Scott

#### Current Vacancies:

Senior Staff Worker– Would like to fill from within with current staff once qualified.

CASAC – Interviewed a candidate today, does not met qualifications of hours to be able to proceed.

Nurse Practitioner Psychiatry -Received an application today who is relocating to Sullivan or Delaware County from Minnesota. Working on getting her license approved for NYS.

Staff Social Worker – Potential future internal options – current staffing can meet community needs.

#### Clinic Updates:

##### Implementing expanded Medical Services:

- Same day Medication Assisted Treatment (MAT) for individuals with Substance Use Disorder (SUD).
- Offering in-house physical exams for those not connected with a PCP
- Offering in-house blood draws
  - Will be seeking Opioid Settlement Funding to purchase a Vein Finder

##### Same-day Initial Services:

- Continuing to offer same day initial MH/SUD screenings/crisis appointments, we haven't had a wait list in over a year.
- Have been offering services to out-of-county residents.

##### Sidney Satellite Clinic:

- Doug is waiting to hear back from Eric Wilson about a clearer floor plan and hoping to have it by the end of the month.

##### May 29<sup>th</sup>:

- 2<sup>ND</sup> Annual Community Day is scheduled from 12:00-4:00 p.m., currently have 16 community agencies partnered for tabling, food & coffee trucks will be on site.



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### Coordination with other Departments:

- IT – Joe DeMauro will be joining the DCBH corporate compliance team as the Security Officer.
- DSS – Growing partnership to support youth and families involved with both systems.
- Security – Had a meeting with Mark to go over some issues and discussed what our vision is going forward.
- Building/Grounds – Discussed the few ongoing issues and how to go about issues in the future. A meeting with Doug, Sara, Pete & Carrara will be set.

### **LGU Updates:**

730 Restoration: The county has spent around \$382,000 so far this year. Doug reached out to Marcy, and they informed him that it is a 4 week wait list.

- Betty asked Doug if he could the amounts that the entire state pays; he will look into it for the next meeting.

Disaster Mental Health: Doug will be attending a meeting with Emergency Services & Public Health tomorrow. OMH would like a team of 25 people that could be able to help in a disaster.

### **New Business:**

Re-name MHC: Sara proposes we change this committee name to the Behavioral Health Committee. Renaming this committee would streamline the subcommittees that are required and help with confusion. There are several sub-committees that Doug oversees the Mental Health sub-committee, Substance Use sub-committee & Developmental Disabilities sub-committee. Community Service Board members are required to volunteer for 1 or 2 subcommittees.

Crosswalk: Sara proposes that a crosswalk be established across Delaware Street to facilitate safe crossing for community members attending the clinic.

- Doug will reach out to the mayor of Walton to see if anything needs to be done with the village.
- Joe will reach out to Jim Thomas with the County DPW.
- May have to contact the state to have them do a traffic count.

### **Adjournment/Next meeting:**

**Motion** to adjourn the meeting by Joe Cetta and seconded by Betty Scott

**Motion carried** by Wayne Marshfield and Maya Boukai.

Meeting adjourned at 1:35 p.m. by Joe Cetta.

The next meeting is July 21<sup>st</sup>, 2025, at 12:30 p.m. at the Behavioral Health Facility.

Submitted By: JoAnn Miller